Friday (27.03)

Athlete registration (ENTRANCE trough doors No. 4) - dont be late! 20:00-22:00

Saturday (28.03)

Time	WOD	CLASS	HEAT		
9:00-9:30				are not able to come on 27.03 - not recommended) (ENTRANCE trough doors No. 4)	
9:30-19:00				tes who are registered on 27.03. (ENTRANCE trough MAIN DOORS)	
10:00-19:00	Exhibiti	ion centre doors and	d tribune are	e open for spectators (ENTRANCE trough MAIN DOORS)	
10:00-10:05	Opening	g, WOD 1 announcing)	_	
10:05-10:25	E1M	Elite MENS	1		
10:30-10:50	E1M	Elite MENS	2		
10:55-11:15	E1W	Elite WOMENS	1		
11:20-11:40	S1M	Sport MENS	1		
11:45-12:05	S1M	Sport MENS	2		
12:10-12:30	S1M	Sport MENS	3		
12:35-13:00	S1W	Sport WOMENS	1		
13:05-13:30	S1W	Sport WOMENS	2		
13:30-13:40	WOD E2 announcing				
13:40-13:58	E2M	Elite MENS	1		
14:03-14:21	E2M	Elite MENS	2		
14:26-14:44	E2W	Elite WOMENS	1		
14:44-14:55	WOD S	2 announcing			
14:55-15:15	S2M	Sport MENS	1		
15:20-15:40	S2M	Sport MENS	2		
15:45-16:05	S2M	Sport MENS	3		
16:10-16:30	S2W	Sport WOMENS	1		
16:35-16:55	S2W	Sport WOMENS	2		
16:55-17:15	dancers	<u> </u>		-	
17:15-17:25	WOD E3 announcing			- -	
17:25-17:40	E3M	Elite MENS	1		
17:45-18:00	E3M	Elite MENS	2		
18:05-18:20	E3W	Elite WOMENS	1		
Vou must loov	o compotit	ion area before 10:00	hooguag of	ovhibition closing. Demomber that in the night from Saturday and Sunday in Latvia clock	



You must leave competition area before 19:00, because of exhibition closing. Remember that in the night from Saturday and Sunday in Latvia clock will be turned 1 hour forward

Sunday (29.03)							
Time	WOD	CLASS	HEAT				
9:15-9:45	Pool doors	are open for elite a	thletes (meeting at POOL lobby), meeting, instructions				
9:45-10:15	warm up (d						
10:15-11:45	POOL doo	POOL doors are open for spectators (Kipsalas str. 5)					
10:15-10:20			all athletes must be near to the pool				
10:20-10:30		Elite MENS					
10:30-10:45	E4M	Elite MENS	1				
10:45-10:55	warm up	Elite MENS	2				
10:55-11:10	E4M	Elite MENS	2				
11:10-11:20	warm up	Elite WOMENS					
11:20-11:35	E4W	Elite WOMENS	1				
11:00	Exhibition centre doors are open for sport class athletes (ENTRANCE trough MAIN DOORS)						
11:50-18:00			n spectator tribune opens				
11:50-12:00		, S3W announcing					
12:00-12:15	S3M	Sport MENS					
12:20-12:35	S3M	Sport MENS	2				
12:40-12:55	S3M	Sport MENS					
13:00-13:15	S3W	Sport WOMENS					
13:20-13:35	S3W	Sport WOMENS					
13:35-13:45	E5M	I, E5W announcing					
13:45-13:57 14:02-14:14	E5M	Elite MENS Elite MENS					
14:19-14:14	E5W	Elite WOMENS					
14:31-14:41	-	announcing					
14:41-14:53	S4M	Sport MENS					
14:58-15:10	S4M	Sport MENS					
15:15-15:27	S4M	Sport MENS					
15:32-15:44	S4W	Sport WOMENS					
15:49-16:01	S4W	Sport WOMENS	2				
16:01-16:21		OP 8 ELITE MENS	announcing				
16:21-16:31		announcing (first time					
16:31-16:43	E6W	Elite WOMENS					
16:53-17:05	E6M	Elite MENS	1(TOP8)				
17:15-17:30	Closing, av	wards, photo					